

The Evolution & Sustainability of Ergonomics and Worker Wellness Programs

Monday, April 15, 2019

PRE-CONFERENCE PERSONAL DEVELOPMENT TRAINING

DEVOS PLACE: 303 MONROE AVENUE NW · GRAND RAPIDS, MI 48503

12:30 PM – 4:00 PM

12:30 pm — Coffee & registration

1:00 pm – 1:30 pm — Genesis of Wellness and Ergonomics Programs

1:30 pm – 2:00 pm — Elements and Metrics of Wellness and Ergonomics Programs

2:00 pm – 2:30 pm — Applications of Wellness and Ergonomics Programs

2:30 pm – 3:00 pm — Sustaining Wellness and Ergonomics by the Numbers

3:00 pm – 4:00 pm — The Future of Wellness and Ergonomics/Questions and Answers



SUMMARY

Following the “Laws of Work” is a useful axiom when using ergonomics principles and developing an Ergonomics program that includes medical surveillance, engineering controls, and worker education and training. The data are in: Such programs work – but only work well if maintained. Worker wellness programs had a big splash in the 1990’s and came into their own in the new millennium. However, like ergonomics programs, it takes sustained effort to follow the moving dynamic of worker health. More important, in recent years, “shine has diminished from the apple” in terms of reduced healthcare premiums from workplaces that have wellness programs. Worker wellness takes a team approach that starts with the individual where he/she is helped by tools that can improve their physical and mental health. This presentation will bring together the elements of ergonomics and wellness programs and provide state of the “science” on where it is and where it is going.

SPEAKERS

DR. JAMES D. MCGLOTHLIN is a Certified Professional Ergonomist and Professor Emeritus of Health Sciences in the College of Health and Human Sciences at Purdue University. Dr. McGlothlin is the former Director of the Graduate Program in Occupational and Environmental Sciences and the NIOSH Training Program Grant (TPG). Dr. McGlothlin is the author of more than 250 scientific, technical, and government reports and is the Co-Editor of the acclaimed book, *Occupational Ergonomics: Theory and Applications*, now in its 2nd Edition.

JOE GALUSHA, CHSP, CIE, currently leads Aon’s U.S. Casualty Risk Consulting organization. His responsibilities include leading the more than 100 Aon consultants who focus on the development and delivery of casualty-related pre- and post-loss mitigation strategies for U.S. clients. Joe also serves on the Aon Global Risk Consulting America’s Board. Joe is a board-certified ergonomist and a certified healthcare safety professional. He holds AS and BS degrees in occupational safety, health and fire science from Western Kentucky University and Madonna University, respectively. Joe is also a board member and past president of the Michigan Safety Conference.



DR. JAMES D. MCGLOTHLIN



JOE GALUSHA, CHSP, CIE

PRIMARY COMPETENCY CATEGORIES

- Ergonomics
- Industrial Hygiene
- Safety
- Human Resources
- Engineering
- Training

CEU CREDIT

- CIH: 4 hours = .50 IH Certification Maintenance points (A CM# number will not be issued as it is no longer needed for the CIH CM worksheet.)
- CEU – General: 4 hours = .64 credits, issued by Grand Valley State University
- CHSP: 4 hours = 4 contact hours
(The International Board for Certification of Safety Managers will recognize 1 contact hour of continuing education for each hour of training.)
- CSP: 4 hours = .25 credits (C.S.P.’s will be responsible for documenting their own attendance.)

COST: \$99 PER PERSON • PRE-REGISTRATION REQUIRED

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