



WORLD CLASS HEALTH & SAFETY EVENT

# Michigan Safety Conference

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## CINDY OSTROWSKI, CIH

Cindy Ostrowski is a Certified Industrial Hygienist (CIH) and AIHA Fellow, who established her own consulting firm, CAO Consulting, LLC after leaving a regional insurance company. She has over thirty years' experience in the field of industrial hygiene conducting comprehensive surveys to evaluate employee exposures to occupational hazards. Prior to her career as an industrial hygienist, she was a registered medical technologist and practiced as a microbiologist in a clinical laboratory. She holds a Masters of Science degree in occupational and environmental health from Wayne State University. She has taught health and



safety courses as an assistant professor for Wayne State University and an adjunct professor at the University of Michigan. Cindy has served as President, Vice-President, President-Elect and Past President (2016-2020); Treasurer (2013-2016); Secretary (2008-2011); and a Board of Directors (2004-2007) for the American

Industrial Hygiene Association (AIHA). She has also served as the President, Secretary and Board of Directors for the Michigan Industrial Hygiene Society (MIHS), a local chapter of AIHA. She is currently the Executive Vice-President for the Michigan Safety Conference and also serves as chair for the Industrial Hygiene Division and a member of the scholarship committee and awards committee.